



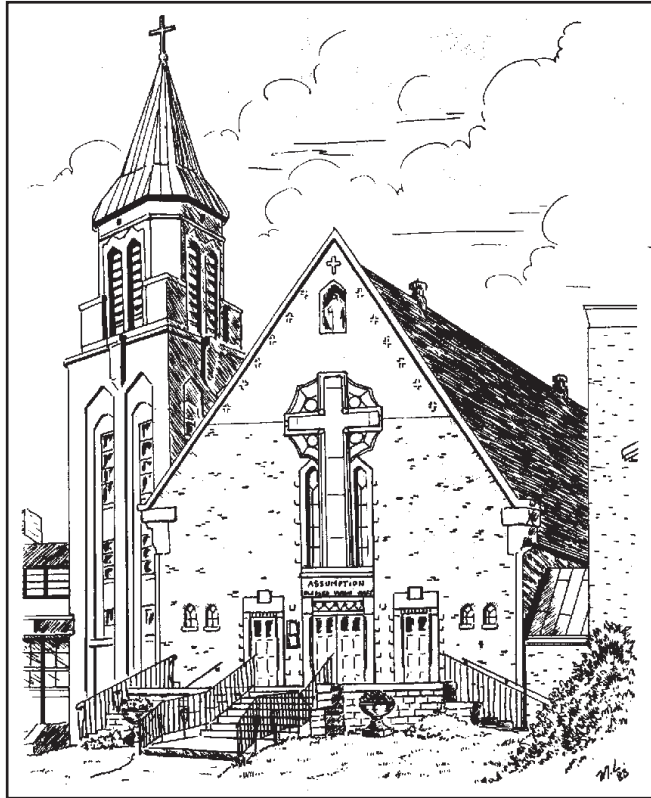
Assumption of the Blessed Virgin Mary Parish



Served by the Franciscan Friars Conventual

320 Olmstead Street, Vanier, Ontario K1L 7K3 • Tel: 613-695-6079

Website: www.assumptionparishottawa.ca



OUR PARISH MISSION STATEMENT

(March 10, 1994)

"We endeavour to build for this community a viable Christian Family that all will consider home."

MASS SCHEDULE:

WEEKENDS

Saturday: 9:00 am and 4:00 pm (anticipated Mass)

Sundays: 9:30 am, 12:00 pm (Filipino Mass), 7:00 pm

WEEKDAYS

Monday to Friday: 8:00 am

DEVOTIONS

Rosary 30 minutes before weekday Masses

Community Public Rosary – Every First Saturday of the month, after the 9:00 am Mass

Eucharistic Adoration – Every Friday at 6:00 pm

Devotion to Our Lady of Perpetual Help – Every Wednesday after the 8:00 am Mass

Youth Ministry – Every 1st Saturday of the month, 30 to 45 min. session, after the 4:00pm Mass

PASTORAL TEAM

Pastor:	Rev. Fr. Francis Victor Mateo, OFM Conv.
Deacon:	†Rev. Paul Beaudoin (RIP)
Pastoral Council Chair:	Art Guillermo
Finance Council Chair:	Mary Stanton
Administrative Assistant:	Nora Arriola

OFFICE HOURS

Monday to Friday
10:00 a.m. – 4:00 p.m.

PASTORAL CARE

BAPTISMS - If you are a registered parishioner of Assumption Parish (or another parish) and attend Mass regularly, there is no waiting period. You may call the Parish Office to schedule a date and you must attend a Baptism preparation session prior to the baptism. If you belong to another parish, a letter of permission from your Pastor is required. If you are not a parishioner of any parish, you must register, attend Mass regularly, and there is a three-month waiting period before your child can be baptized.

CONFESSIONS - Weekdays, after the 8am Morning Mass (approach the priest)

First Fridays - 8:45am to 9:15am

First Saturdays - 9:30am to 10:00am, 3:30pm to 4:00pm (by appointment)

Every Sunday - 11:30am to 12:00Noon

MARRIAGES - One of the couple must be a registered member of the parish for at least 6 months and attend Mass here regularly. Please make arrangements at least six months before the wedding date. Marriage Preparation Course required.

SPIRITUAL COUNSELING - By appointment.

SACRAMENT OF THE SICK & COMMUNION FOR SHUT-INS

Please contact the Parish Office

FUNERALS - Arrangements should be made firstly with the church, and then with the funeral director to insure proper Christian burial.

VOCATION MINISTRY IN OUR PARISH. LET US CONTINUE TO PRAY FOR VOCATION. Join a group of parishioners, EVERY WEDNESDAY, immediately after the Mass, there is the Novena in honor of Our Lady of Perpetual Help and prayers for vocations. Also, every **FIRST FRIDAY (February 7 this month)** at 8:30 AM to 9:30 AM --- after the scheduled Mass there is ADORATION and EXPOSITION of the Blessed Sacrament in reparation for the offenses against the Sacred Heart of Jesus and for faithful and sincere vocations in the Church. An opportunity for CONFESSION is also available at that time.



TAX RECEIPTS FOR 2024: are now available for pick-up together with the collection envelopes. Kindly pick up your receipts as soon as possible. Thank you for your cooperation.

2025 COLLECTION ENVELOPES are now available for pick-up near the church's main entrance. Anyone who wants a box of envelopes should call 613-695-6079 with their name, complete address, and telephone number or email assumptionparishchurch@outlook.com. Those not picked up by February 15 will be canceled.



CONFIRMATION RETREAT 2025 organized by the Parish in collaboration with the **Couples for Christ's YOUTH community** on **February 28 (Friday), 5:00PM to 8:30PM** and on **March 1 (Saturday) 9:00 AM to 6:00 PM** at the Immaculata Hall of Assumption of the Blessed Virgin

Mary Parish.

FIRST HOLY COMMUNION REGISTRATIONS are now open for adults and children 7 years old and up. For information and registration, please contact the parish office by phone (Tel. 613-695-6079) or you may send an email at assumptionparishchurch@outlook.com.

33rd WORLD DAY OF THE SICK

February 11, 2025

The Holy Father invite us to reflect on three particular ways God remains close to those who are suffering: **“encounter, gift, and sharing.”**

ENCOUNTER: *The Pope recalls that when Jesus sent the 72 disciples on mission, He told them to tell the sick, “The Kingdom of God has come near to you,” that is, “to help the sick see their infirmity... as an opportunity to encounter the Lord.” This encounter can be transformative, helping us to discover “a solid rock to which we can cling amid the tempests of life, an experience that... makes us all the stronger because it teaches us that we are not alone.”*

GIFT: *This leads us to experience God’s closeness in our suffering as a gift, the Pope continues. “More than anything else, suffering makes us aware that hope comes from the Lord. It is thus, first and foremost, a gift to be received and cultivated, by remaining ‘faithful to the faithfulness of God’.” The Pope explains that “only in Christ’s resurrection does our own life and destiny find its place within the infinite horizon of eternity.” The “**great hope**” that nothing can separate us from Christ “is the source of all those small glimmers of light that help us to see our way through the trials and obstacles of life,” (Pope Francis explains, quoting his predecessor, Benedict XVI).*

SHARING: *God is close to us through sharing, which is often seen in places of suffering. “How often, at the bedside of the sick, do we learn to hope!” he writes. “How often, by our closeness to those who suffer, do we learn to have faith! How often, when we care for those in need, do we discover love!”*

The Pope emphasizes the need “to learn how to appreciate the beauty and significance of these grace-filled encounters” between patients, doctors, caregivers, family and friends. “All these are rays of light to be treasured; even among the dark night of adversity, they give us strength, while at the same time teaching us the deeper meaning of life, in love and closeness.”

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